



ANKARA 2025



EUSA European Universities Rugby 7s Championship

Ankara, Turkey

21-24 July 2025

GENERAL & TECHNICAL

HANDBOOK

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WELCOME MESSAGES



Dear Friends,

Dear Friends,

It is with great pleasure and appreciation that I extend a warm welcome to all our Organizing Committees, athletes, partner universities, member and associated member institutions across Europe.

As we embark on another exciting chapter in the European University Sports Association's journey, I would like to express my deepest gratitude for the commitment, energy, and collaboration you continuously bring to our shared mission. Your involvement is the cornerstone of every successful event, initiative, and milestone we achieve.

The European Universities movement continues to grow, thanks to your trust and dedication. Whether you are hosting a Championship, supporting student-athletes, or engaging in our

educational and social responsibility projects, your contributions are shaping the future of university sport in Europe.

Our achievements in recent years, from the record-breaking European Universities Games to the expansion of our membership network, are a testament to the strength of our community. This success would not be possible without your invaluable partnership and the spirit of cooperation that defines our work together.

As we look forward to the 2025 European Universities Championships and beyond, I am confident that, together, we will continue to deliver impactful experiences for students, foster lasting international relationships, and inspire the next generation through sport.

Looking ahead, I invite all of you to join us for the 2025 European Universities Championships and to prepare for the European Universities Games 2026 in Salerno, Italy. These events are set to be even more inspiring as we strengthen the role of university sport in fostering inclusion, excellence, and cross-cultural dialogue across Europe.

As always, our achievements are the result of collective efforts. My sincere gratitude goes to our Member Federations, Organizing Committees, volunteers, partners, and the EUSA staff for their dedication and enthusiasm. I also thank FISU and the European Commission for their ongoing support, which enables us to expand our impact year after year.

Thank you for being an essential part of the EUSA Family. The championships are an opportunity to recognize and celebrate our collective efforts.

Let's make 2025 another landmark year for university sports and the upcoming years!

Adam Roczek, EUSA President



Dear EUSA Family,

Dear Athletes, Coaches, and Guests,

It is a great honor to welcome you to Türkiye, and to the vibrant city of Ankara for the European Universities Rugby 7s Championship 2025, hosted by İ.D. Bilkent University and Middle East Technical University.

Rugby 7s is a sport that embodies speed, strategy, and spirit — all qualities we also value deeply in higher education. This championship is more than a tournament; it is a gathering of young individuals who strive for excellence not only in sport, but in character, teamwork, and resilience.

At Türkiye University Sports Federation, we are committed to promoting a sporting culture where students can grow as athletes and as engaged citizens. We believe that university sport must be a space where friendships are built, values are shared, and where the energy of youth can be transformed into lasting impact.

Together with EUSA and our dedicated partners, we are working to ensure that these championships reflect the very best of European university sport — high-level competition in a fair, respectful, and inspiring environment.

We wish every team success on the pitch, and every participant a memorable stay in Ankara. May this experience remind us all of the joy of sport and the strength of the university sports community across Europe.

Wherever the next championships take us, we look forward to meeting again — with renewed energy, shared values, and a love for sport that brings us together.

Prof. Dr. Mutlu Türkmen, *President, Türkiye University Sports Federation*



Dear EUSA Family, Athletes, Coaches, and Rugby Enthusiasts,

On behalf of **Bilkent University**, it is my great honor to welcome you to the **European Rugby 7S Championship Games**. We are thrilled to co-host this exciting event, bringing together talented student-athletes from across Europe in a celebration of **sportsmanship, teamwork, and competitive spirit**.

At Bilkent, we believe in the power of sports to unite people, foster discipline, and inspire excellence—both on and off the field. Our campus offers a wide variety of sports facilities for our students and staff so that they can engage in physical activity of their choice. Bilkent is recognized as “sports friendly campus” by Higher Education Council of Türkiye.

While rugby may be a growing sport in Türkiye, Bilkent University is proud to be at the forefront of promoting it, by co-hosting this tournament. Rugby, with its unique blend of strategy, strength, and camaraderie, embodies the values we cherish. This tournament is not just about winning; it is about building connections, pushing limits, and creating memories that will last a lifetime. To our visiting teams: We extend our warmest **Turkish hospitality** and hope you enjoy your time in Ankara. May the matches be fierce, fair, and unforgettable.

To the organizers, referees, and supporters: Thank you for your dedication in making this event possible.

Prof. Dr. Kürşat Aydoğan, President, Bilkent İhsan Doğramacı University





Dear Competitors and Friends,

Few occasions unite passion, excellence, and camaraderie as vividly as this championship. It is a distinct privilege to welcome you to Ankara for the 2025 EUSA (European University Sports Association) European Universities Rugby 7s Championship, proudly hosted by Middle East Technical University in collaboration with Bilkent University. This championship brings together student-athletes from across Europe, embodying physical talent, perseverance, integrity, and a genuine dedication to the spirit of international sport.

At METU, we view education as a journey that expands knowledge while nurturing character, responsibility, and purpose. Renowned globally for our achievements in science, engineering, and social sciences, our university thrives on openness, collaboration, and meaningful social impact. Spanning 4,500 hectares, including the scenic Lake Eymir and over 3,000 hectares of reforested land, our campus embodies our lasting commitment to sustainability and mindful growth.

Hosting an international championship demands careful planning, coordination, and dedication. However, its true essence lies in the shared values that elevate sport beyond mere competition. Here, fairness becomes a lived principle, respect translates into action, and human connection blossoms in every interaction, both on and off the field. Ultimately, it is the spirit shaping each moment, not merely the results, that leaves a lasting imprint.

Rugby itself perhaps best exemplifies this spirit, teaching us to meet challenges with character, focus, trust, and teamwork. It reminds us that strength flourishes through unity, and the most valuable victories transcend the scoreboard.

To each athlete and guest, we extend a heartfelt welcome to METU, Bilkent University, and Ankara. May this event inspire new perspectives, forge lasting friendships, and create memories to cherish.

Let this championship begin with energy, purpose, and mutual respect.

Prof. Dr. Ahmet Yozgatlıgil,
President, Middle East Technical University



Dear Athletes, Respected Coaches, and Honored Guests,

It is with great pride and joy that we welcome you to Ankara, the capital of Türkiye, for the 2025 European Universities Rugby 7s Championship. This prestigious tournament is not only a celebration of athletic excellence but also a reflection of the friendship, cultural exchange, and solidarity that define university sports.

As the Türkiye Rugby Federation, we have worked with unwavering dedication in recent years to promote rugby and make this wonderful sport accessible to people of all ages. Hosting international events like this championship is a vital part of our vision. Today, rugby in Türkiye is not only played on the field—it has become a growing force in our schools, universities, and youth programs.

This event brings together university teams from across Europe, embodying the unifying power of sport at its best. The determination, sportsmanship, and team spirit you will witness here will continue to inspire us all.

We hope your time in Ankara will be filled with lasting friendships, meaningful memories, and the unique thrill that only sport can provide.

Welcome to Türkiye, to our warm hospitality, and to the rising spirit of rugby!

Nahit Şahin, President, Türkiye Rugby Federation



Dear Participants,

On behalf of the European University Sports Association (EUSA), I am delighted to extend a warm and heartfelt welcome to all of you participating in the Ankara 2025 European Universities Rugby 7s Championship. It is a particular honor to do so as we gather for the first official international Rugby 7s tournament ever held in Türkiye – a milestone moment for rugby and the host nation.

As the Technical Delegate, I am proud to be part of this historic event, which brings together talented university athletes from across Europe to compete at the highest level. This Championship is not only a celebration of athletic excellence but also a powerful expression of solidarity, respect, and fair play – the core values of our sport.

The competition in Ankara builds on the strong traditions of university sport, while also breaking new ground. It offers a platform for showcasing skill and determination, forging international friendships, and promoting the spirit of rugby both on and off the field.

Let this Championship stand as a testament to your dedication, passion, and teamwork. May your time in Ankara be both rewarding and memorable.

Wishing you all the best of luck and a successful tournament.

Yours in Rugby,

Mária Gyolcsos, EUSA Technical Delegate & Rugby Europe Rugby Committee Member

GENERAL INFORMATION ABOUT EUSA

ABOUT EUSA

The European University Sports Association (EUSA) is an umbrella organization that comprises National University Sports Associations (NUSA) from 47 European countries, providing sporting activities, educational events, and expertise in policy making and programming. The organization is well known within the sector as a safe and strong voice for university sports in Europe, promoting fair play values and supporting their membership by partnering with European Sports Federations and lobbying within the European Union, the Council of Europe, and other institutions for funding to improve the provision of sport. EUSA is a proud and active associated member of the International University Sports Federation (FISU), strategically cooperating also with other Continental University Sports Federations (CUSF), as well as key governing bodies and organizations active in the field of sport, education, and youth.



Since its founding in 1999, EUSA has organized 16 seasons of the European Universities Championships, attracting student-athletes to 204 university competitions held across Europe. In five previous editions of the European Universities Games, around 19.500 student-athletes from across Europe have participated in the different sporting competitions organized during these multi-sports events. Through its Institute, EUSA also engages in several social responsibility projects and initiatives on various topics, including Anti-Doping, Dual Career, Equal Opportunities and Inclusion, Good Governance, Mobility, Safeguarding, Skills Development, Sustainability, and Volunteering. Many of the projects are supported by the European Union.

European Universities Championships 2025

Sport	Location	Dates
Badminton	Madrid, ESP	June 22–28
Basketball	Bologna, ITA	July 6–13
Water Polo	Vukovar, CRO	July 7–13
Beach Handball	Granada, ESP	July 14–17
Beach Volleyball	Granada, ESP	July 14–19
Futsal (Men)	Zagreb, CRO	July 17–25
Futsal (Women)	Zagreb, CRO	July 18–25
Rugby 7s	Ankara, TUR	July 21–24
Handball	Covilha, POR	July 22–28
Orienteering	Lodz, POL	July 24–27
Football	Camerino, ITA	July 27–August 3
Volleyball	Budapest, HUN	July 27–August 3
Tennis	Coimbra, POR	July 28–August 3
Padel	Coimbra, POR	July 28–August 1
3x3 Basketball	Salerno, ITA	August 1–5
Combat Sports (Judo, Karate, Kickboxing, Taekwondo)	Warsaw, POL	August 22–25
Table Tennis	Burdur, TUR	September 11–16
Chess	Yerevan, ARM	September 16–20
Rowing	Bydgoszcz, POL	September 18–21
Winter Sports (Alpine Skiing, Snowboarding, Snow Volleyball)	Val di Zoldo, ITA	December 15–18

EUSA EC, COMMISSIONS, AND OFFICE

The highest body is the General Assembly, composed of representatives of the member associations, which elects the Executive Committee. Its members are responsible for the administration and running of EUSA and the execution of the main directives taken by the Assembly.

The EUSA Executive Committee is led by the President, Adam Roczek, 1st Vice President, four Vice-Presidents, Treasurer, and Secretary General.

Various EUSA commissions are in place to provide assistance and guidance to the many different activities EUSA is involved in. These commissions include the Technical Commission, Control Commission, Education Commission, Inclusion and Diversity Commission, Medical Commission, Student Commission, Branding and Marketing Council, and also other working bodies.

EUSA's headquarters is located in Ljubljana, Slovenia, where a dedicated team of 12 staff members plus 4 volunteers/interns work together to manage daily operations and oversee international activities. As part of the European University Sports Association (EUSA), they play a vital role in supporting the development and promotion of university sports across Europe, ensuring smooth coordination of events, effective communication, and strong collaboration among member organizations.

<https://www.eusa.eu/eusa>

Next Attributed Events

European Universities Games:

European Universities Games	SALERNO 2026
European Universities Games	SPLIT 2028
European Universities Games	GRANADA 2030



European Universities Championships 2027

Sport	Location
3x3 Basketball	Gdansk, POL
Badminton	Strasbourg, FRA
Basketball	Zadar, CRO
Chess	Zaragoza, ESP
Football	Porto, POR
Futsal	Madrid, ESP
Handball	Podgorica, MNE
Orienteering	Kastamonu, TUR
Padel	Madrid, ESP
Powerlifting	Split, CRO
Rowing	Sukoro, HUN
Rugby 7s	Zaragoza, ESP
Table Tennis	Covilha, POR
Tennis	Split, CRO
Volleyball	Granada, ESP
Water Polo	TBD
Beach Sports: Beach Handball and Beach Volleyball	Split, CRO
Combat Sports: Judo, Karate, Kickboxing, Taekwondo	La Nucia, ESP
Winter Sports: Alpine Skiing, Snowboarding, Snow Volleyball	TBD

EUSA is actively seeking host institutions and partners for the sports currently listed as **TBD** in the 2027 European Universities Championships: **Water Polo** and **Winter Sports** (*Alpine Skiing, Snowboarding, and Snow Volleyball*).

If your university or organization is interested in organizing one of these events, we warmly encourage you to get in touch. Hosting an EUSA Championship is a unique opportunity to promote university sport, showcase your facilities and city, and become part of Europe's vibrant student sports movement.

For more information or to express your interest, please contact us at sports@eusa.eu.

GENERAL INFORMATION ABOUT EUC HOST

ABOUT TÜRKİYE

Türkiye (Turkish: *Türkiye*), officially the **Republic of Turkey** (Turkish: *Türkiye Cumhuriyeti*) is a transcontinental country located mainly on Anatolia in Western Asia, with a portion on the Balkans in Southeast Europe. It shares borders with Greece and Bulgaria to the northwest; the Black Sea to the north; Georgia to the northeast; Armenia, Azerbaijan, and Iran to the east; Iraq to the southeast; Syria and the Mediterranean Sea to the south; and the Aegean Sea to the west. Cyprus is located off the south coast.

Turks form the vast majority of the nation's population and Kurds are the largest minority. The biggest, most crowded and the financial center is İstanbul in Türkiye whereas, the capital is the city of Ankara, in which our university campuses located. In general, climate in Türkiye; temperate; hot, dry summers with mild, wet winters; harsher in interior.



Türkiye, on the map of Europe

ABOUT ANKARA

Ankara, formerly Angora, City (Pop., 2022, 5,747,325), capital of Turkey. Located about 200 km south of the Black Sea, it has been inhabited at least since the Stone Age. Conquered by Alexander the Great in 334 BC, it was incorporated into the Roman Empire by Augustus. As a city of the Byzantine Empire, Ankara fell to the Turks in c. 1073, but the Crusader Raymond IV of Toulouse drove them out in 1101. In 1403 it came under the rule of the Ottoman Empire. After World War I (1914–18) Mustafa Kemal Atatürk made Ankara the center of resistance to both the Ottomans and the invading Greeks, and it became the capital of the Republic of Turkey in 1923. The modern city is the country's chief industrial center after Istanbul. Its history is displayed in its Roman, Byzantine, and Ottoman architecture and ruins and in its important historical museums.



Government is the main business in the city, but Ankara is also Turkey's second most important industrial city after Istanbul. Factories producing wine and beer, flour, sugar, macaroni products, biscuits, milk, cement, terrazzo (mosaic paving), construction materials, and tractors are well established. Service and tourist industries are expanding rapidly.

Useful Information About Ankara

Language: Turkish (There is no other compulsory or general language, the majority of the population either does not speak foreign languages or speaks only English, however, both of the universities' educational language is English, therefore, in campus, communicate in English)

Time Zone: Summer CEST (UTC+2)

Weather: July 25-35°C, in July

Currency: TL, (1 Euro = 45 TL as of June 2025), credit cards can be used everywhere

Phone country code: +90

General emergency number: 112

Tap Water is **not drinkable** at the campuses of METU and Bilkent Universities

ABOUT MIDDLE EAST TECHNICAL UNIVERSITY (METU)

Middle East Technical University is founded under the name of "Orta Doğu Yüksek Teknoloji Enstitüsü" (Middle East High Technology Institute) on November 15, 1956 to contribute to the development of Turkey and Middle East countries and specially to train people so as to create a skilled workforce in the fields of natural and social sciences.

Today, there are a total of 41 undergraduate programs in five faculties of METU. There are also 107 graduate and 69 doctorate programs available in Graduate Schools of Natural Sciences, Social Sciences, Informatics, Applied Mathematics and Marine Sciences Graduate Schools. Marine Sciences conducts the academic program studies at İçel-Erdemli, together with 48 interdisciplinary programs. The language of instruction at METU is English. METU School of Foreign Languages takes the initiative to teach English to students at Preparatory School.

METU has 45 km² total campus area, and possess more than 60.000 m² indoor and outdoor sport fields, 45 sport teams, and 20 sport communities and in total more than 110 student communities.

University possesses one grass field stadium, one turf field stadium, 3 sport halls, more than 15 tennis courts and numerous outdoor sport facilities as well as a lake within its huge campus.



For more pictures from METU, please visit the link below:

<https://www.metu.edu.tr/gallery/odtu-through-visuals>

ABOUT İ.D. BILKENT UNIVERSITY

Bilkent University was founded on October 20, 1984 by İhsan Doğramacı (1915 – 2010) through the joint resolution of the İhsan Doğramacı Education Foundation, the İhsan Doğramacı Science and Research Foundation, and the İhsan Doğramacı Health Foundation. The aim was to create a center of excellence in higher education and research. The name “Bilkent” exemplifies the founder’s aim, since it is an acronym of bilim kenti Turkish for “city of science and knowledge.”



Bilkent University admitted its first students in 1986. That year there were 386 undergraduate and graduate students. Currently there are over 12,000 students in ten faculties and three graduate schools. Among them are international students and exchange students from 60 countries. Around 64% of the student body benefit from a variety of scholarships.

There are numerous sport facilities within the Bilkent University Campus; two multisport capacity sports halls, outdoor sport facilities (basketball, tennis, soccer, climbing wall etc. and one grass field stadium

<https://w3.bilkent.edu.tr/bilkent/>

RUGBY 7'S TÜRKİYE

The establishment of Baseball and Softball Federations, which are among the Olympic sports branches but have no federation, was decided by the Central Advisory Board on May 02, 2001.

American Football and Rugby sports branches were decided to operate under the presidency of the Baseball and Softball Federation by a decision of the Central Advisory Board dated March 24, 2005.

The Turkish Rugby Federation organizes the top-level men's rugby league in Turkey, the 15's Rugby 1st League. Until the formation of the rugby 7's league in 2017, the league, which was organized under the name Turkish Rugby League between 2001 and 2011, was played under the name Turkish Rugby 1st League. Middle East Technical University is the league's most recent champion, having won the 2017-18 season.

Turkish Rugby 7's League, the highest-level men's rugby 7's league organized by the Turkish Rugby Federation. The champion of the league, which was organized for the first time in the 2017-18 season, was Olympian Academy. Besides men's rugby 7's league, there are women's rugby 7's league, and U18 leagues in both genders. Rugby 7's league games especially popular among universities, and the main aim of the Turkish Rugby Federation is to expand the awareness of the leagues, and increase the number of participants. Therefore, 2025 European Universities Rugby 7's championship games could serve as very important way of expanding the game of rugby across Türkiye.



SERVICES

TRANSPORTATION

Ankara Esenboğa International Airport will be the official welcome point

Esenboğa Airport (IATA: ESB, ICAO: LTAC) is the international airport serving Ankara, the capital city of Turkey. It entered service in 1955.



- 28 km to city center
- 40 km to campuses
- Shuttle buses will be used for transportation
 - Participant universities will provide information about arrivals & departures
 - Pick – up points will be located in two exits of Esenboğa Airport, volunteers will welcome the participant universities
- Official train station is “Ankara Gar”
 - Participant universities will provide information about arrivals & departures if they decided to use train as a method of transportation

Transportation services from/to official welcome points during official competition days will be provided free of charge for all participants. The transportation from/to competition venue, training venue, catering and opening ceremony venue for participants will be provided in the following ways:

- Shuttle lines every 40 minutes
- In campus shuttle buses will be used
- In both campuses, the game field, training field, dormitories, and the cafeterias are within walking distance
- Shuttle buses from METU – Bilkent University Campuses at every 40 minutes
- Dedicated buses from airport to campus for each team.

Referees' transportation:

- Dedicated buses
- Shuttle buses and vans

VIP and EUSA transportation:

- Dedicated cars and VIP vans

If participants like to leave the campus, shuttle busses within the campus will bring them to the campus entrance, where the underground subway station located. Subway system at Ankara can easily carry participants to where they want to go. Ankara's public transportation system is easy to use, participants can buy an Ankara Card which they can use in both subway and city buses. Ankara card can be bought and filled by credit cards with an ease from the machines, no need to speak Turkish for that. The city center (Kızılay) is about 20 minutes away from the campuses.

ANKARA 2025





Color Codes

	City Hospital
	Cafeteria
	Training facilities at METU
	METU Stadium
	Bilkent University Cafeteria
	Bilkent University Stadium & Training Facility & Dormitories
	Subway Station at the entrance of the METU Campus
	Dormitories, Health Care at METU Campus

MEDICAL SUPPORT

Both METU and Bilkent University campuses have medical facilities and health care services within their campuses along with several pharmacies within the campuses. Health care services are both 3-5 minutes walking distance away from the main game courts. Besides, ambulances will be ready just in case. Apart from medical centers inside the campuses, the fully equipped city hospital which is by far the biggest hospital in Ankara is just 1 km away from the campus border.

There are 2 pharmacies nearby the medical center. Besides, trained medical staff will be working for the organization. Also, dormitories have their own first aid kits and trained first aiders within their stuff.

During the games, 2 ambulances will be ready, and there will be a rugby game licensed doctor & medical stuff.

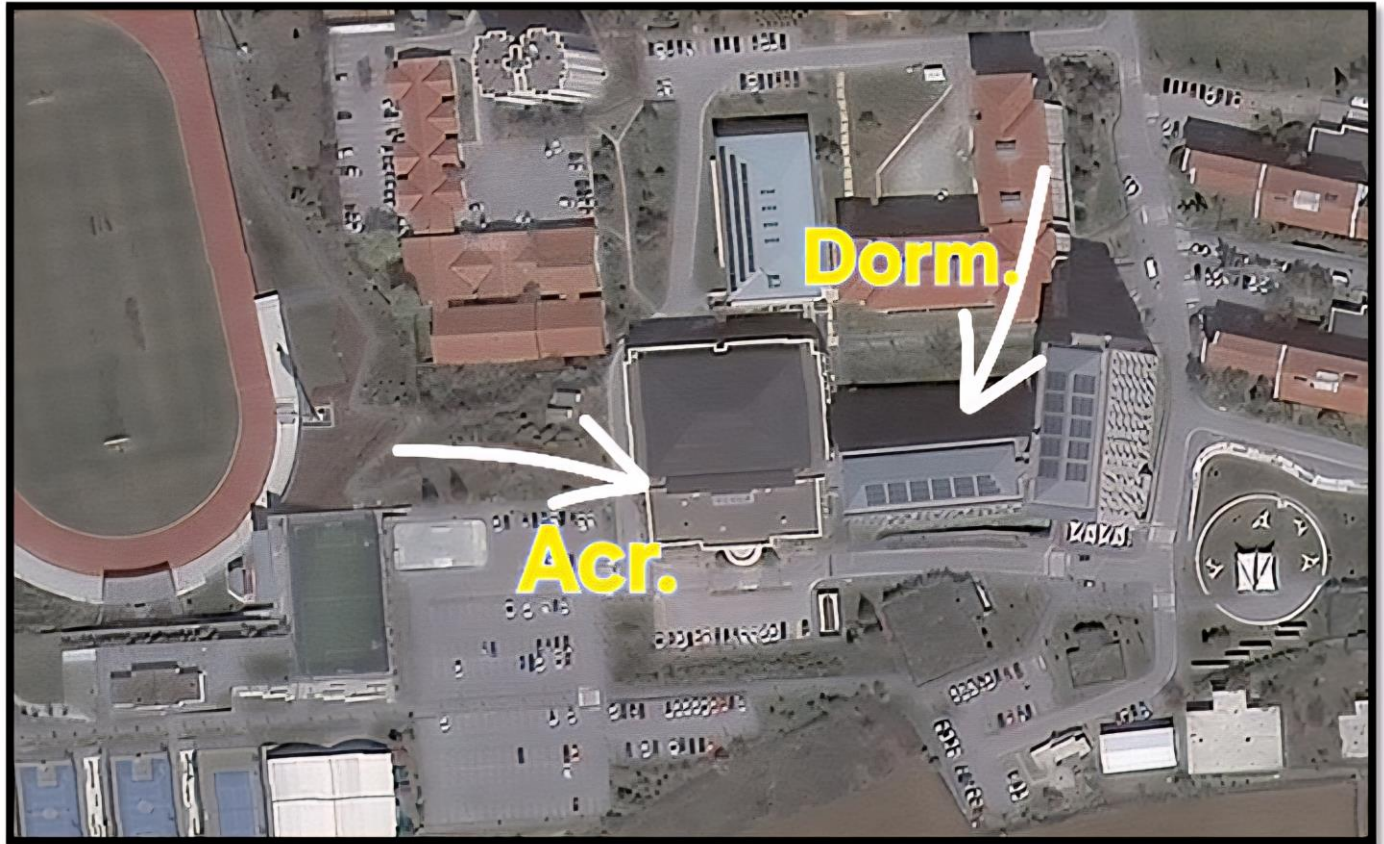


METU Medical Center, just nearby the dormitories

ACCREDITATION PROCEDURE

Accreditation

The purpose of accreditation is to define the roles, rights and responsibilities of the participants in the European Universities Championships and to provide them with the necessary rights and access to carry out their tasks.



Accreditation Centre

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The accreditation center for athletes, officials and volunteers will be located on the campus of the Bilkent University, DORMITORIES SPORTS HALL. Dormitories sports hall is nearby the 81 & 82 dormitories which will be used for men teams' dormitories. Upon accreditation, men teams can directly go to their rooms. The opening hours of the accreditation center are 8:00-22:00, which may be changed by the organizing committee in the light of the travel plans submitted. The accreditation for technical staff, guests and EUSA office will also be located at the same center. The center will also be nearby the athlete zone, EUSA office, Bilkent University staff offices etc.

Accreditation Procedure

The entire delegation is accredited by the designated team leader at the accreditation center.

- ✓ Step 1: Data reconciliation and financial status check
- ✓ Step 2: Briefing and orientation (accommodation, meals, local transport, facilities, check travel plan)
- ✓ Step 3: EUSA Control Commission - check of entitlements
- ✓ Step 4: Issue accreditation card
- ✓ Step 5: Welcome packages

Required documents

Please prepare and collect all the necessary documents in advance.

- ✓ Identity card or passport
- ✓ Printed individual entry form, stamped and signed by the university
- ✓ Signed declaration of liability
- ✓ Signed accommodation policy
- ✓ Transaction confirmation (if you have made a transfer before arrival and it has not yet been credited to the registration system, you can provide a transaction confirmation to prove the payment)

Accreditation card

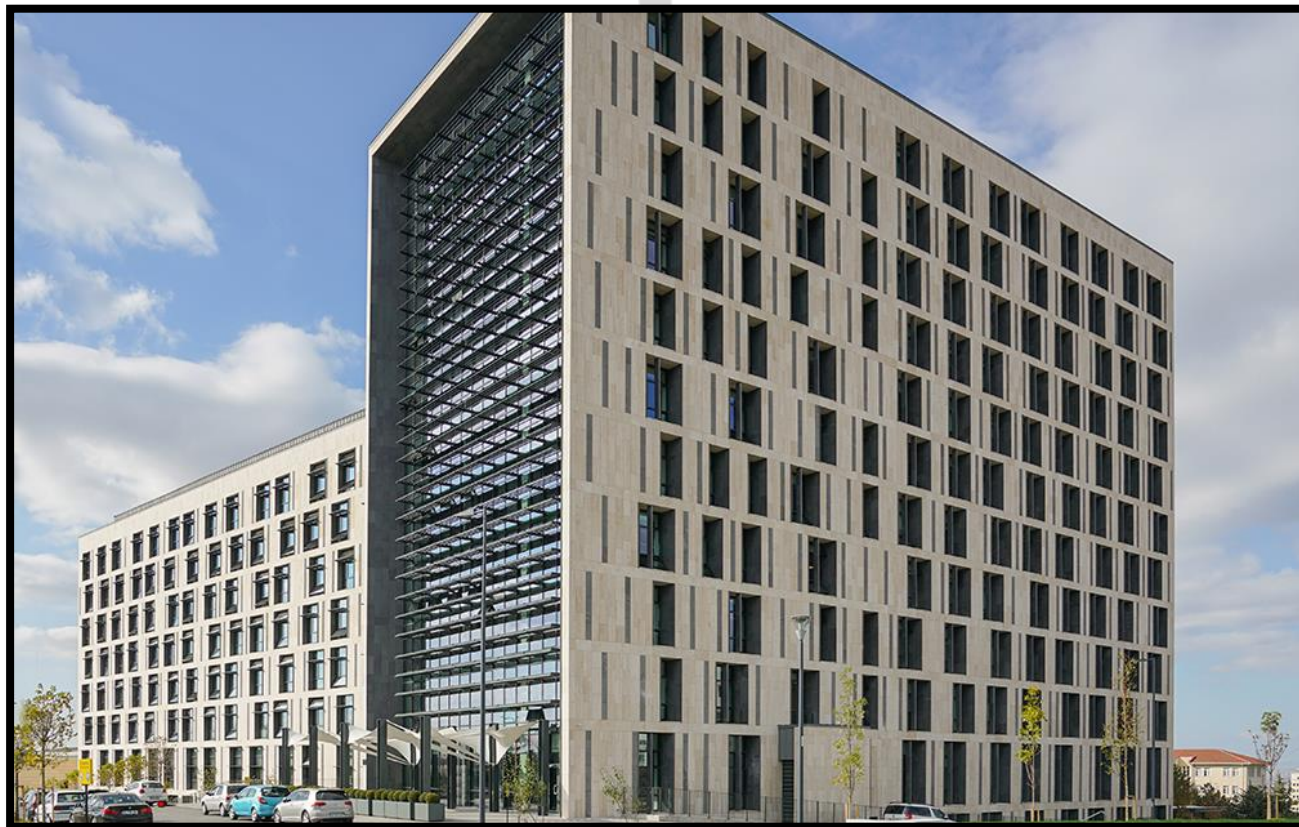
An accreditation card is an official document issued by the EUSA and the organizing committee at the end of the accreditation process to confirm the identity and entitlements of participants.

- ✓ The accreditation card must be worn by all participants in a clearly visible place and manner, thus facilitating the identification of participants by the security service and the efficient and rapid verification of their access rights.
- ✓ The accreditation card is non-transferable, as each card contains personal data and personalized access rights.
- ✓ In the event of loss of an accreditation card, the participant must apply for a new card in person at the accreditation center, by presenting a valid identity card or passport, at a cost of €50.
- ✓ Every participant will get a personal QR code which check meal access rights.

ACCOMMODATION

Games will be played at two different fields and campuses. This tournament organized by two universities; therefore, participants will be located at two campuses. All of the men teams players and officials will stay at Bilkent University dormitories 81&82

(<https://maps.app.goo.gl/1LV9nL7sZXMQM4T7A>). The dorm is nearby the game and training fields. Next two pictures are from the 81&82 dormitories at Bilkent University.



ANKARA 2025





All of the women team players and officials will stay at METU Campus number 16 dormitory (<https://maps.app.goo.gl/2XuaEF6HehidevpE9>). The next two pictures from METU Campus Dormitories & 16th dorm.





EUSA delegates and VIP will stay at ***** Bilkent Hotel 1st picture above, (<https://maps.app.goo.gl/XrkCA2rE396pGCLH9>). Besides, international referees will stay at Bilkent 107 lodgings (<https://maps.app.goo.gl/xhN4SbVcysGvFT6E6>), 2nd picture.

If teams want to organize a team meeting, there will be meeting rooms within the dorms, teams should ask for the meeting time from their dedicated volunteer and then the OC will provide meeting room allocated to the team.

CATERING

All participants will have their meals in duly designated places. Men teams, their officials and referees will eat Bilkent Cafeteria called Marmara Restaurant (<https://maps.app.goo.gl/MG7iHjRZ6rSssxvi6>). Whereas female teams and their officials will eat at METU Campus Cafeteria (<https://maps.app.goo.gl/cLuaqfoBRZfk5Kf8>).

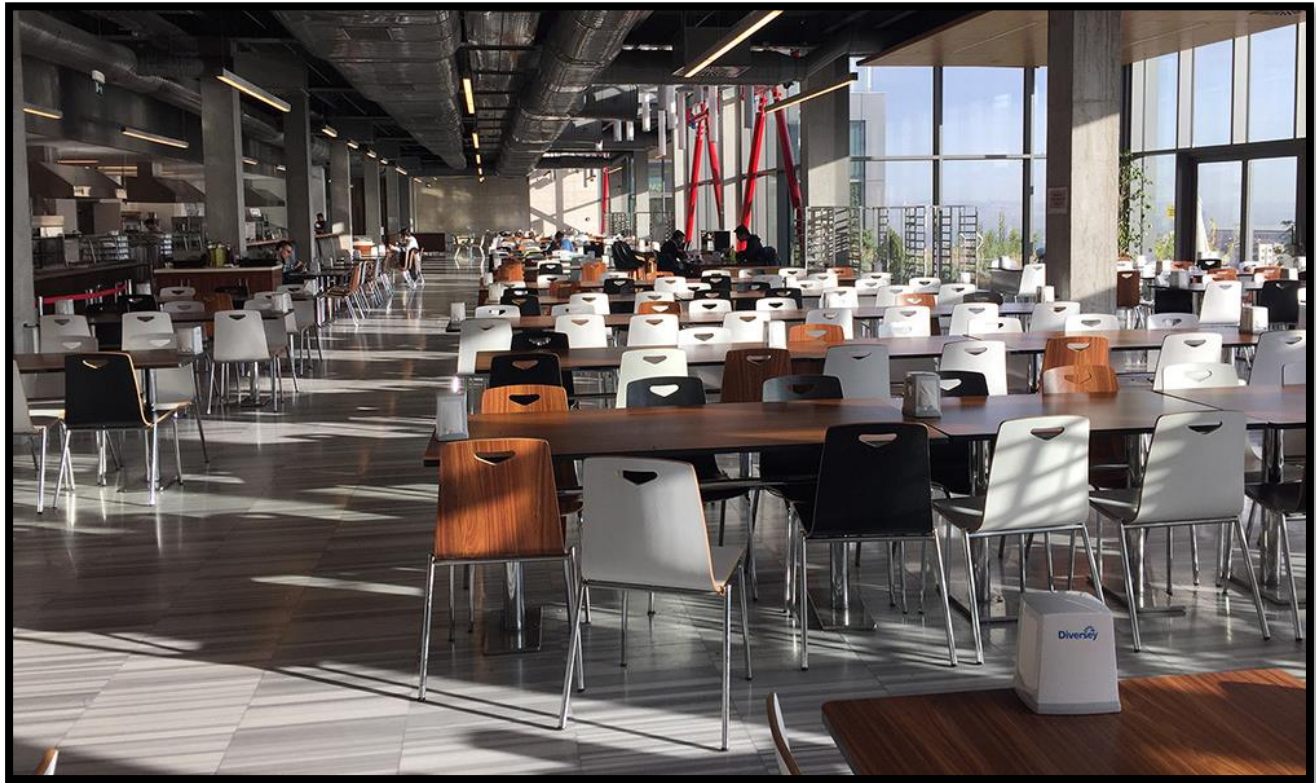
However, because the first day games will be played at METU, and the 2nd & 3rd day games will be played at Bilkent University, participants (upon informing the OC) will be able to eat their lunch at the designated university campus cafeteria. First picture below is from Bilkent University, the second one is from METU. **Tap waters are not safe to drink at both campuses** but the participants will be given a water bottle and they can fill the bottle from water dispensers within the campuses. All of the meals will also include vegetarian meals.

Breakfast will be served from 7.30h – 9.00h

Lunch will be served from 12.00h – 14.00h

Dinner will be served from 18.00h – 20.00h





SAFETY and SECURITY & INFO CENTERS

The safety and security of all participants is of paramount importance to the organizing committee. Although Ankara is a safe city, and the zone in which both universities are in, even safer place, please take note of the following safety tips recommended by the OC. It is compulsory to wear accreditation cards during the competition and to comply with regulations in all establishment.

Safety in Accommodation

- ✓ The security guard is present in all accommodation facilities in case of emergency.
- ✓ Remember to always lock your room when you leave, even only for a few minutes.
- ✓ Only those who are officially staying in the accommodation are entitled to enter the accommodation.
- ✓ The reception of guests is strictly prohibited.
- ✓ Never lend out your room or residence keys to anyone.
- ✓ Inform the accommodation staff of any lock defects or lost keys.

Both METU and Bilkent Universities are very secure universities in terms of accepting people off the campus. Non-university students or other people are mostly not allowed to enter the university campuses unless they are invited. In addition to that, private security firms and campus security

services are in charge of security. In addition, all games will be played inside of a secure line, where only the accredited people can enter.

Smoking is strictly forbidden in all indoor venues in Türkiye including accommodations and sport venues. Smoking is allowed at least 5 meters from all entrances.

Besides, **smoking is forbidden** at all of the Bilkent University Campus, only a few dedicated areas can be used for smoking.

Information centers will be ready in both campuses, dorms, and accreditation areas. All of the teams will be given a volunteer, s/he will be responsible for communication if needed.

AWARDS

LIST OF AWARDS

ACHIEVEMENT		COMPETITION CAT.	TITLE FOR WINNER
Cups	1 st , 2 nd , 3 rd	Team	European Universities Champion
Medals	1 st , 2 nd , 3 rd	Athletes & officials	European Universities Champion
Other Awards			
Fair Play		Team	Winner
Most Valuable Player		Athlete	Most Valuable Player
Wooden Spoon		Team	Last team in the standings



PROTOCOL & CEREMONIES

EUSA Rugby 7s Opening Ceremony Program

July, 21

- ✓ Accreditation day
- ✓ Athletes will be located to their dormitories
- ✓ 17:00 – 18:00 dinner will be served
- ✓ 18:30 Opening ceremony will start
- ✓ Upon ceremony, participants will start walking towards the grass event area nearby the stadium (second picture)
 - There will be a DJ performance on the area, it will be like an opening party
 - The event will finish around 22:30



Closing Ceremony Program

Place: İ.D. Bilkent University Stadium

Date: 24 July 2025

Times May Vary According to Fixtures and Schedule.

Social and Cultural Activities

- On the opening ceremony day, there will be a outdoor dj party inside the METU Campus
- On 24 of July, there will be official Rugby 7s party at the Bilkent Station
(<https://maps.app.goo.gl/pmNSSeTrewnbkpbw7>)



VOLUNTEERS PROGRAM

Volunteers are crucial part of every EUSA event, therefore, during the EUSA Rugby 7s tournament more than 40 volunteers will help for the organization. Volunteers will be given a certificate, and at the end of the tournament a joyful thank you event will be organized for the volunteers as well. Volunteers will help in the areas of,

- ✓ Event Operations
- ✓ Spectator Services
- ✓ Information Desk: Answering questions from spectators, providing maps or schedules.
- ✓ Team and Player Services
- ✓ Media and Communications
- ✓ Match Day Operations
- ✓ Medical and Safety (with proper training or certification)
- ✓ Hospitality and VIP Services
- ✓ Cultural and Ceremonial Roles
- ✓ Sustainability and Environment



ANKARA 2025

eusa

IMPORTANT CONTACT DETAILS

NAME	DUTY	E-MAIL	PHONE
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Bilkent Sport Center			+90 312 290 40 00
METU Sports Directory			+90 312 210 21 96
Bilkent Un. 81&82 Dormitories			+90 312 290 55 25
METU 16 th Dormitory			+90 312 210 73 05
Emergency in all Türkiye			112
METU Medico			+90 312 210 49 50
Bilkent Un. Medico			+90 312 290 16 66

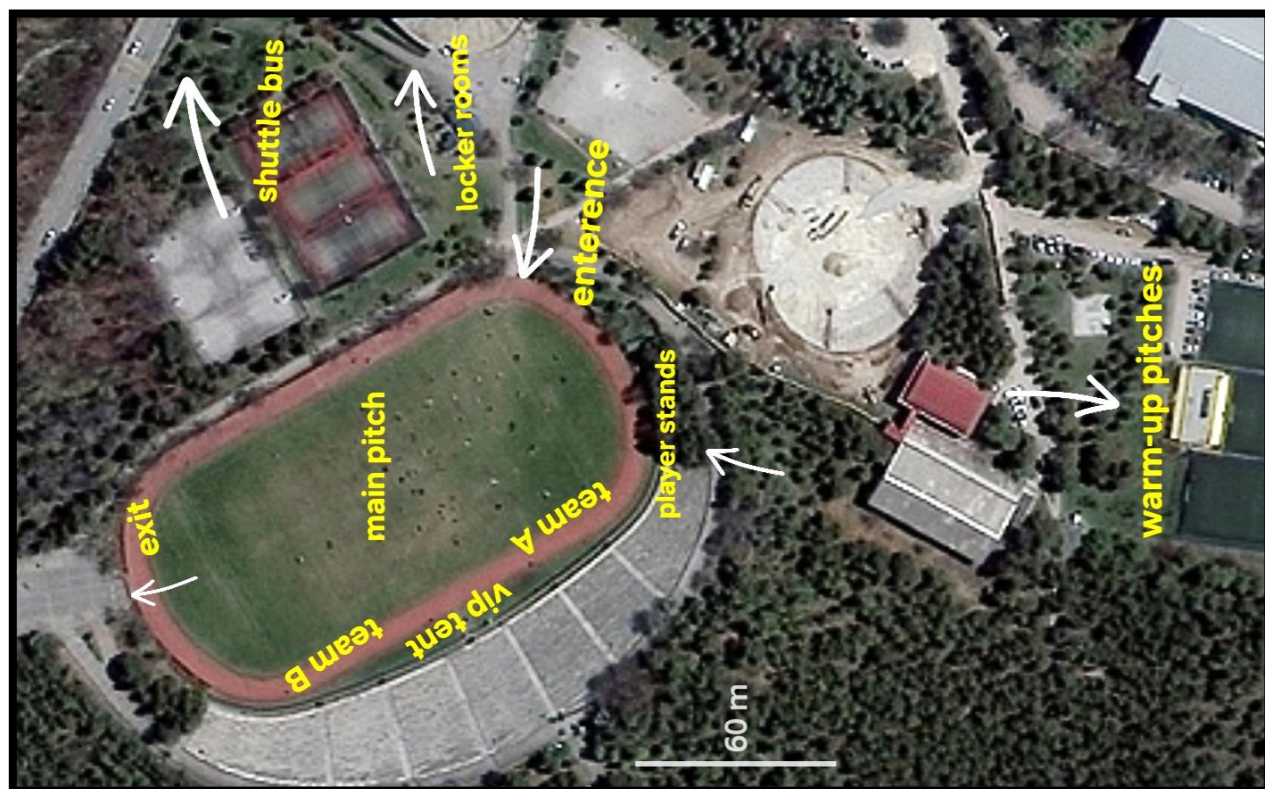
COMPETITION VENUES & SPORT EQUIPMENT

Opening ceremony and the first day of the games will be played at METU Stadium. 2nd and the 3rd day of the games will be played at Bilkent University Stadium. Closing ceremony will also be organized in Bilkent Stadium. Both of the stadiums are grass fields. The sketch of the both fields are as follows. The warm-up fields are turf fields whereas the main fields are grass.

Rugby Europe will provide game balls. On the other hand, uniforms of the teams should meet World Rugby Regulation 12 (BeRugbee). Each team should bring 2 (two) sets of jerseys in different colors. During the entire duration of the EUC competition each player must wear the same number. Team officials should specify the player numbers and the colors of their both uniforms prior to the organization.



Bilkent Stadium & METU Stadium Sketches



ANKARA 2025



RULES & REGULATIONS

TECHNICAL REGULATIONS

INTERNATIONAL REGULATIONS

The organization of the EUC Rugby 7s shall be based on the most recent Regulations of the World Rugby and Rugby Europe.

COMPETITIONS

Team Tournaments:

- 1 (one) men's tournament, maximum of 12 (twelve) teams.
- 1 (one) women's tournament, maximum of 12 (twelve) team.

PROGRAM

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

DELEGATION

The delegation will consist of minimum 10 (ten) and maximum 13 (thirteen) athletes and minimum of 1 (one) and maximum of 3 (three) officials. The head of the delegation and coach must be appointed. For each game, each team can choose 12 athletes.

MATCH OFFICIALS

Match Officials will be appointed by Rugby Europe in cooperation with EUSA and Organizing Committee. Each delegation has to pay a refereeing fee in the amount of 500 EUR (five hundred euros) on the OC account.

PLAYING SCHEME

The format of the tournament will be decided by Competition Technical Commission taking into consideration the number of teams entered and climate conditions.

DRAW, SEEDING

The draw will be done in the presence of EUSA Representative taking into account EUSA Rugby 7s ranking. The university team of the hosting city or, in their absence, the hosting country's highest

ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

FINANCIAL OBLIGATIONS

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

ELIGIBILITY TO PLAY

Participants shall be nominated through their NUSA. If no team/competitor is nominated by a NUSA in defined term, EUSA may accept an entry directly from a university or individual athlete, but is obliged to inform the respective NUSA. Nonmembers of EUSA may enter via a reserve list; a higher fee might be imposed.

Only the following may participate as competitors:

- ✓ Students who are officially registered for and pursuing a course of study at: university, or similar institute with the status as an institution of higher education recognized by the appropriate national authority of their country.
- ✓ Participation of university teams from disputed territories is possible only for universities recognized either by the European University Association or the International Association of Universities. Such Universities may only compete under their University and EUSA flag. Students shall confirm their status by delivering completed, signed and sealed EUSA Certificate of Academic Eligibility (Individual Entry);
- ✓ Former students of the institutions mentioned above who obtained their academic degree or diploma in the year preceding the EUC;
- ✓ Competitor's age is defined by the formula: the EUC Year – competitor's year of birth = age. According to this formula competitor shall not be younger than 17 and older than 30 years (only the athletes borne btw 1995 – 2008 can participate).
- ✓ If the official(s) of a delegation deliberately misinform the SCAC Chair about the eligibility of competitor(s), the participant and the team of the sport concerned will be excluded from further participation in the current event: such fraud may give grounds for the termination of that country's membership of EUSA.



COMPETITION INFORMATION

PARTICIPANT UNIVERSITIES

MEN'S TEAMS

#	NAME OF THE UNIVERSITY	COUNTRY
1	Bartın University	Türkiye
2	Cunef University	Spain
3	Koç University	Türkiye
4	METU	Türkiye
5	Nova University Lisbon	Portugal
6	Rhine-Westphalia Institute of Technology Aachen	Germany
7	San Jorge University	Spain
8	University Of Debrecen	Hungary
9	University of Pau and Pays De L'adour	France
10	University of Porto	Portugal

WOMEN'S TEAMS

#	NAME OF THE UNIVERSITY	COUNTRY
1	Ankara University	Türkiye
2	METU	Türkiye
3	University Of Barcelona	Spain
4	University Of Bordeaux	France
5	University Of Toulouse	France

General Technical Meeting

- ✓ General Technical Meeting will be organized July 21, Monday.
- ✓ Meeting will be at; <https://maps.app.goo.gl/HL3pZ9TXaXvg3jVH6> Bilkent University Campus, 14.00 o'clock (time may vary upon collecting the data of arrival times)
- ✓ At least one official from each team must be ready at the meeting.

Let's meet at Ankara!



APPENDIX

ANTI-DOPING

Doping is not a guarantee of success in sport. In fact, its effect is usually the opposite. A lot of elite sportsmen and sportswomen who did doping got caught. As a result, they lost pride and were banned for at least 2 years from participating in a sport they loved and lived for. An even bigger problem of doping are the effects on the body.

In elite sports, doping is defined as a violation of one or more anti-doping rules:

1. Presence of a prohibited substance in an athlete's sample
2. Use or attempted use of a prohibited substance or method
3. Refusing to submit sample collection after being notified
4. Failure to file athlete whereabouts information & missed tests
5. Tampering with any part of the doping control process
6. Possession of a prohibited substance or method
7. Trafficking a prohibited substance or method
8. Administering or attempting to administer a prohibited substance or method to an athlete

You can find the list of prohibited substances and methods on the internet, as it is updated every year by the World Anti-Doping Agency (WADA) and it's valid for every sport.

EUSA is active in Anti-Doping promotion, and has been a partner in the European Anti-Doping Initiative (EADIn) and Match point, supporting European-wide Anti-Doping mentality in the youth sector by establishing a moral tenor towards concepts such as Fair-play, sensitizing and raising awareness on all levels of the complex social environment surrounding the doping problematic, and implementing strategies to motivate young people to pass on the message and create a strong multiplying effect. Also, the International University Sport Federation (FISU) has been actively promoting sports without drugs, also at the university sports level.

EUSA is currently not enforcing doping tests at our events. In accordance with the national legislation of the host countries, however, doping controls may be implemented by the National Anti-Doping Agencies. If such doping tests are executed, the WADA rules and regulations are applicable to all athletes. Please remember that testing can be conducted in-competition and out-of-

competition. If you are identified in a Registered Testing Pool (RTP), you must provide current and accurate whereabouts information.

What can you do to be an excellent athlete?

- Practice right and live healthy
- Get more information about the consequences of Doping
- Play fair and be a good role model to younger athletes
- Be committed to sport without doping

Doping? No, thanks!



FAIR-PLAY

Fair play is a core value of EUSA, deeply embedded in our mission and activities. In partnership with the European Fair Play Movement (EFPM), we actively promote sportsmanship, respect, and solidarity at all our events. For over 20 years, EUSA has championed these values, recognising fair play as the true essence of sport.

Fair play is present in sports as the unwritten rule, a moral value that represents the real essence of sport. It represents that opponent must be appreciated and in nowadays practising of sports, more than ever, it is vitally important to defend the values intrinsic to sport: respect for oneself and others, solidarity, and fair play.

Since 2007, EUSA has honoured outstanding acts of fair play with the Enno Harms Fair Play Award, named after our first President and a strong advocate for fair play. At each event, organisers, delegates, and participants commit to upholding fair play, with the oath of respect and integrity declared during the opening ceremonies.

The prestigious annual EUSA Enno Harms Fair Play Award is awarded to athletes demonstrating fair play during the matches, following the rules, and pursuing a “clean” game, and is awarded with a fair play recognition already during the event. EUSA Executive Committee members discuss the proposals received from all sporting events governed by EUSA in that year and select the team or individual to receive the Enno Harms Fair Play award, which is formally handed to them at a special occasion, usually at the EUSA Gala.

Fair play will remain a key focus at the European Universities Championships 2025.

Guided by EUSA’s principles and the Olympic spirit, our events promote respect, equality, and non-discrimination, contributing to a more inclusive and peaceful society through sport.

We kindly invite all delegations to submit proposals for the Enno Harms Fair Play Award, recognising individuals or university teams who have demonstrated exemplary behaviour, integrity, and sportsmanship during the Championships.

To submit a nomination, please complete the official form via the following link:
<https://shorturl.at/YM29z>

Alternatively, you may access the form directly by scanning the QR code provided.

Let us jointly honour and celebrate those who embody the true spirit of Fair Play!



EUSA INCIDENT POLICY

One of the Fundamental Principles of Olympism is that “practice of sport is a human right” and that “every individual must have the possibility of practising sport, without discrimination of any kind”. This principle further states that this requires a behaviour based on “mutual understanding with a spirit of friendship, solidarity and fair play”.

EUSA considers sports as an active tool in the education of university students and aims at encouraging and supporting “the promotion of ethics, Fair Play, gender equity and good governance in sport” (EUSA Statutes).

With the EUSA Incident Policy, EUSA clarifies the expectations and consequences regarding the behaviour of different stakeholders at EUSA’s events to allow the creation of a safe and enjoyable environment.

Check more details regarding the Incident Policy on the following link:
<https://www.eusa.eu/media/documents/incident-policy>



EVENT SERVICES DATA COLLECTION

As part of our commitment to continuous improvement, we kindly invite you to complete EUC 2025 Event Services Questionnaire, aimed at evaluating the services provided by the Organising Committee during the European Universities Championships 2025.

Your feedback is vital to helping us enhance the quality and efficiency of future events. The questionnaire will take approximately 5 to 10 minutes to complete. If you choose to include optional comments, it may take up to 15 minutes.

Please note that no personal data is collected, and all responses are anonymous and confidential.

To submit your feedback, please complete the official form via the following link:
<https://shorturl.at/IfMA5>

Alternatively, you may access the form directly by scanning the QR code provided.



We sincerely appreciate your time and cooperation. Your input makes a meaningful difference.

